



## Alianza Latina Aplicando Soluciones (A.L.A.S.)

Latino Alliance Applying Solutions  
1615 South 22<sup>nd</sup> Street, Suite #311  
Milwaukee, WI 53204  
(414) 643-0022  
[www.alianzalatinawi.org](http://www.alianzalatinawi.org)



# Family Training Workshop - Future Planning Post-Event Report

## Details

Title: Future Planning

Date and Time: Thursday, November 15, 2018 from 9:00 am-11: 30 a.m.

Location: ALAS, 1615 S.22nd St., 3rd Floor – Community Room

Presenter: Liz Mahar

Position/Title: Director, Family and Sibling Initiatives, The Arc

## Description

The purpose of the workshop was to inform our ALAS families about the importance of future planning for their loved ones with disabilities. It emphasized that “Future Planning” is not only possible, but necessary.

Participants had the opportunity to discuss their barriers to “Future planning” and learn about steps that they can take now to put plans into place. The training provided a brief explanation of the components of “Future Planning” such as:

- Deciding Where to Live
- Financing the Future
- Supporting Daily and Major Life Decisions
- Employment and Daily Activities
- Making Social Connections

The families received a tool, “Letter of Intent” to help them beginning their journey of planning the future for their child with disability.

## Attendance and participation

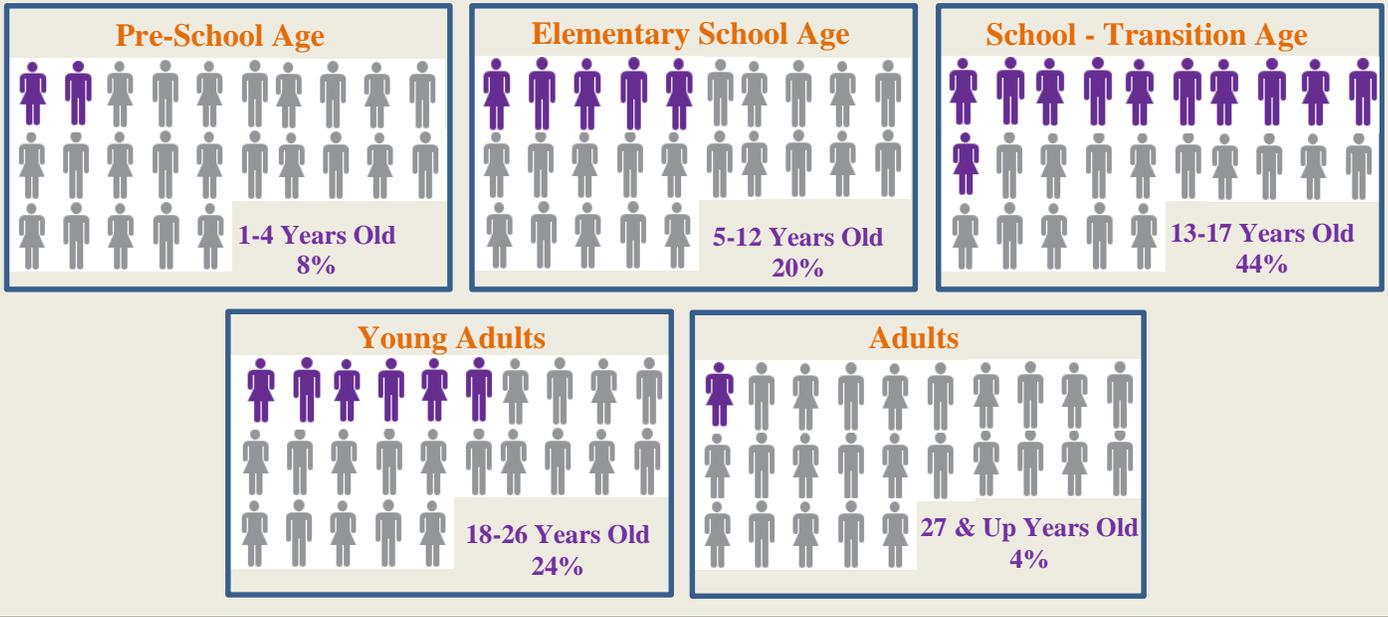
The family educational workshop was attended by 24 parents and 1 self-advocate. The families had a chance to work in small groups and ask questions during the workshop. They further engaged in conversation with one another after the training was over.

Additionally, we had a total of 9 children. The children took advantage of inclusive, age-appropriate, volunteer-supervised activities available at the center during the training workshop.

The infographic below shows a visual representation of the makeup of workshop participants.

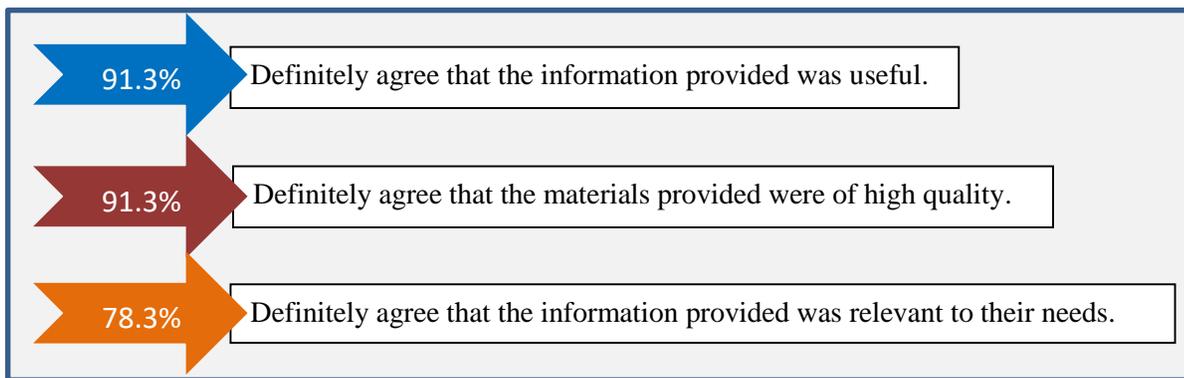
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## Age Groups of Participants' Children with Disabilities & Self-Advocates

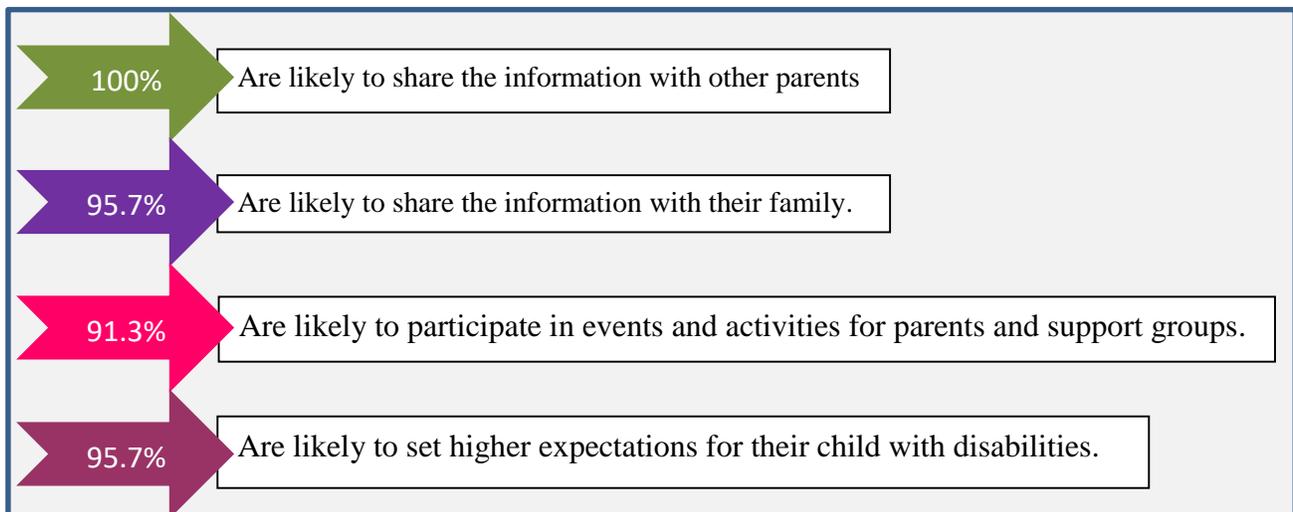


### Outcomes

The participants had the opportunity to provide feedback by taking in a short survey. A total of 23 surveys were completed. The survey results are summarized in the following infographics:



As a result of the Future Planning Educational workshop:



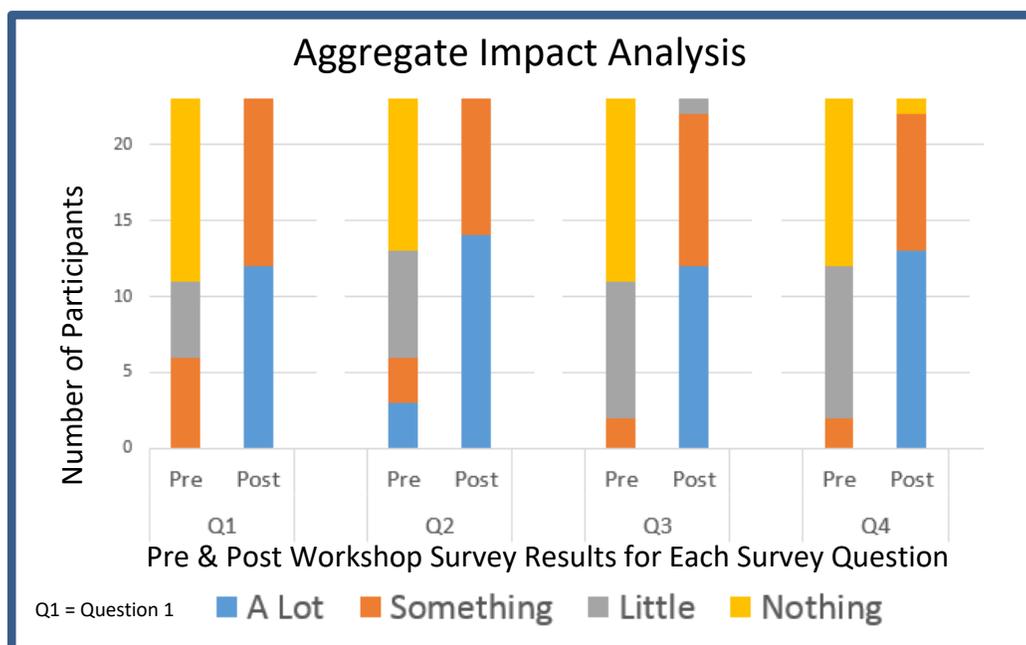
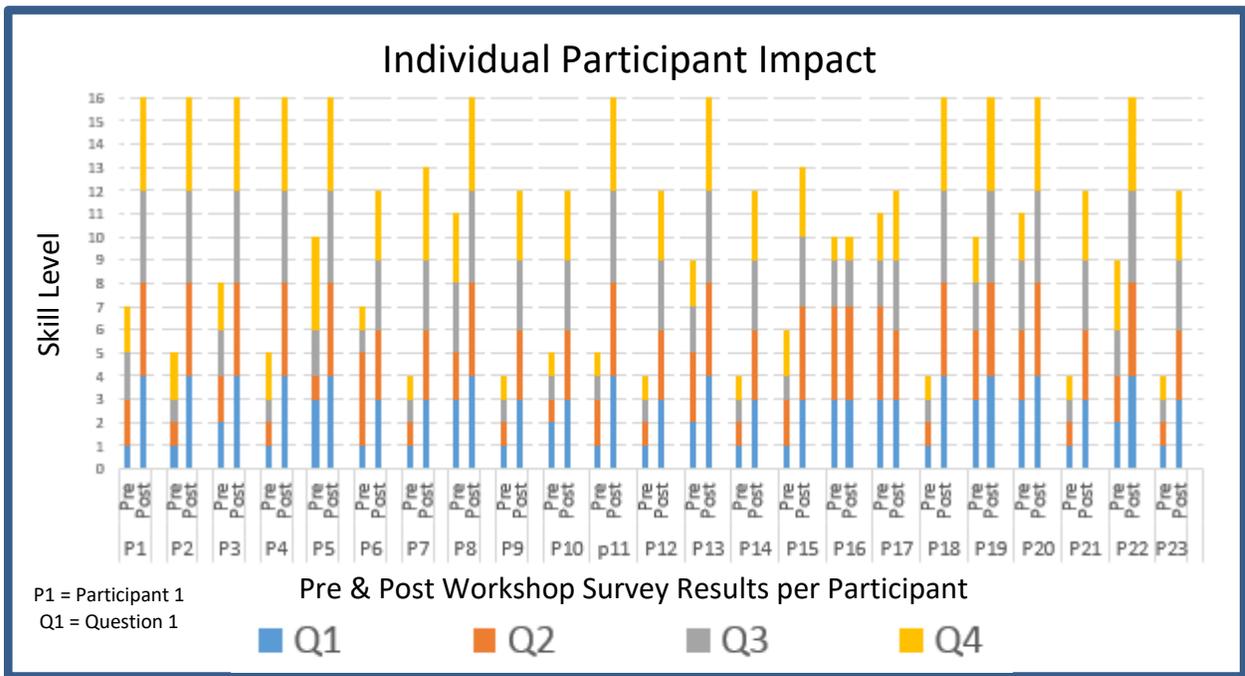
Additionally, to determine the degree participants acquired the intended knowledge and skills, a pre- and post-test was administered at the beginning and at the conclusion of the workshop. The list of statements used in both the pre- and post-tests were:

1. I know what future planning is.
2. I understand the importance of future planning.
3. I know what steps to follow to put a plan in place for my son or daughter.
4. I feel confident about my son's or daughter's future.

The following scale was used to assess the skill level on each question:

4 = A lot      3 = Something      2 = Little      1 = Nothing

The tests results are summarized in the two graphs below. The first graph shows the skill level impact per participant. The second graph is a visual representation of the aggregate impact on skill level.



## Reactions

The following quotes (translated from original Spanish) are a true testimony of how participants appreciated and valued the workshop.

- “Excellent presentation.”
- “Thank you for providing this type of very important information.”
- “Thank you, it was something very important as I have been thinking of how to plan for the future and it helps me feel confident about getting started.”
- “Very well explained. Excellent Information.”
- “Very good presentation.”
- “It was really interesting.”
- “Very good information and important.”
- “This information is totally new for me and it is of high importance and very productive. I really liked it.”
- “It was really interesting.”
- “Very good information in general. Thank you!”
- “It was 100% interesting and encouraging for the parents.”
- “Excellent information to be able to help my son in the future.”
- “Very good. Thank you to all of you for your time.”
- “Thank you very much for the testimony from the presenter. It was excellent and very clear explanation.”
- “Thank you for the information.”
- “I need more information about this topic.”



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